



# Event Schedule

April - December 2010

Date	Time	Location	Screenings/Education
Tuesday, April 27	9-11 a.m.	Decatur Community Market	Free lipid panel, Free PSA, Free diabetes screening, Free BP
Thursday, May 6	9-11 a.m. 11 a.m. - 3 p.m.	Senior Expo (Wells County 4H Park)	Free lipid panel Free BP
Tuesdays, June 1-August 31	7-8 p.m.	Bluffton Regional 4 <sup>th</sup> floor conference room	Summer Striders: 14 weeks to walking further and faster (\$35 includes communication and support, accountability, shoe/apparel discounts, & educational sessions) – Registration required by 5/26. Call 260.919.3859 or email <a href="mailto:lisa.beck@blufftonregional.com">lisa.beck@blufftonregional.com</a>
Saturday, August 14	7-10 a.m.	Van Buren Popcorn Festival	Free lipid panel, Free PSA
Saturday, August 21	7-9 a.m.	Markle Wildcat Festival (HealthCheck parked across from Methodist Church in Markle)	Free lipid panel, Free PSA, Free diabetes screening
Friday, September 3	5-7 p.m.	Montpelier Jamboree	Free BP, Free educational materials
Saturday, September 4	8-10 a.m.	Montpelier Jamboree	Free lipid panel, Free PSA, Free diabetes screening
Saturday, September 4	7:30 a.m.	Parlor City Trot 10K, 10 Mile, Half-Marathon	Race day registration starts at 6:30 a.m. at Bluffton City Gym
Saturday, September 11	7-10 a.m.	Ossian Days (Bluffton Regional Medical Building immediately north of Dollar General)	Free lipid panel, Free PSA, Free diabetes screening
Saturday, October 2	8-11 a.m.	Pennville (across from Fire Dept)	Free lipid panel, Free PSA, Free diabetes screening, Free BP
Tuesday, October 5	9-11 a.m.	Decatur Community Market	Free lipid panel, Free PSA, Free diabetes screening, Free BP
Saturday, October 30	7-11 a.m.	Wells County Health Fair (Lancaster Elementary)	For more information, call Claudia Ward at 260.919.3144

**NOTES:**

*Lipid panel includes Total Cholesterol, HDL, LDL, & Triglycerides – 10-hour fast is required, water and daily medications permitted as prescribed; this is a blood draw*

*Cholesterol/Lipid screening results will be sent in the mail to participants within 10 business days*

*Schedule is subject to change.*

*For the most up-to-date information, visit [blufftonregional.com](http://blufftonregional.com) click on "community" then on "HealthCheck schedule", call Lisa Beck at 260.919.3859 or email [lisa.beck@blufftonregional.com](mailto:lisa.beck@blufftonregional.com)*